Don't Take It Personally!

Let Elayne show your people how to be more effective and productive by NOT taking rejection so personally

What happens when your people feel slighted, unappreciated or treated unfairly? Do they get hurt or angry? Overreact? Become resentful?

What ways do their work relationships suffer? Do they spend hours dwelling on what someone said or did? Do these intruding thoughts impede their concentration? Do they become less productive?

And what about their personal relationships? How much does one area spill over into the other?

Elayne shows your people how to . . .

1. Handle criticism and misunderstandings with ease and grace
2. Convert fear of rejection into a springboard for personal effectiveness
3. Develop creative strategies for clear and direct communication
4. Clear the way for better connection and teamwork
5. Enhance work and personal relationships

Your audience is inspired, awakened and challenged

Your people experience innovative and thought-provoking programs interactive, customized keynotes and trainings are infused by Elayne’s presence, enthusiasm and wisdom.

EXPERIENCE THE ENGAGING PROGRAMS OF ELAYNE SAVAGE

'Handling Toxic People and Difficult Situations — Don't Take It Personally!'®

'Managing Misunderstandings and Missteps — Sharpening Your Communication Skills'

'Grandma Passes Down More Than Her China — A Fresh Perspective on Diversity'

'Why Can’t You Read My Mind — Handling Expectations and Disappointments’

'Get Out of Your Own Way — Overcoming the Fears that Hold You Back'

'Recovering from Audience Rejection — Conquering Self-consciousness'

'Getting Your Foot in the Door — Improving Customer Service with Clear Communication'

communication coaching • consulting • keynotes • seminars • breakout sessions

Contact Elayne Savage: 510/540-6230 • elayne@QueenofRejection.com

www.QueenofRejection.com
This expert on handling rejection, cultural diversity, work and family relationships educates, inspires and challenges your audiences.

**BOOKS AND ARTICLES**

Elayne Savage’s books have been published in 9 languages and her ideas are included in 25 books by other authors:

- **DON’T TAKE IT PERSONALLY! THE ART OF DEALING WITH REJECTION** (New Harbinger 1997; iUniverse 2002)
- **BREATHING ROOM–CREATING SPACE TO BE A COUPLE** (New Harbinger 2000)
- **ATTRACT YOUR NEXT GREAT MATE—DATING ADVICE FROM TOP RELATIONSHIP EXPERTS** –Anthology (DatingGoddess.com)
- **BE HEARD AND BE TRUSTED** – Anthology, Tom Marcoux
- **TRUTH NO ONE WILL TELL YOU: HOW TO FEED YOUR SOUL, SAVE A BUSINESS OR GET A JOB IN AN ECONOMIC CRISIS** –Anthology, Tom Marcoux

Values-Based Financial Planning (“Two Retirements: Financial and Emotional”)  
Values-Based Financial Planning (“If You Love Me You’ll Read My Mind—Relationship Expectations and Disappointments”)  
Values-Based Financial Planning (“Don’t Take It Personally! Handling Rejection, Judgments and Criticism”)  
Step Into College (“Rejection Letters”)  
Professionally Speaking (Handling Rejection)  
Baltimore Sun Papers (“Don’t Tell Me I’m Imagining It!”)  
Elaine Aron’s The Comfort Zone (“Taking Things Personally”)  
San Francisco Chronicle (“Motivation Versus Manipulation”)  
San Francisco Chronicle (“The Tragedy of Unexpected Betrayal”)  
San Francisco Examiner (“My Mother’s Plane Keeps Crashing”)  
Los Angeles Times (“Who’s Protected in Holding Back Painful Photos?”)  
Monthly e-Letter ‘Tips from the Queen of Rejection’®

**MEDIA INTERVIEWS**  
(Partial List)  
- The Maury Povich Show  
- Psychology Today Online  
- Prime Time Justice, Court TV  
- People are Talking  
- National Public Radio discussion co-host  
- WashingtonPost.com discussion host  
- Reader’s Digest  
- Men’s Fitness Magazine  
- Men’s Health Magazine  
- Woman’s Health  
- Working Mother Magazine  
- Woman’s World  
- Seventeen Magazine  
- Cosmo Girl!  
- Cosmopolitan  
- College Bound Magazine  
- Human Resources Magazine  
- Christian Science Monitor  
- Newsday  
- BBC World News  
- CBS Radio  
- ABC Radio  
- Radio Free Europe  
- David Brenner Show  
- Canadian Broadcasting Corp.  
- Ivanhoe Broadcast News  
- Self Magazine  
- Cosmopolitan  
- Good Housekeeping Magazine  
- Ladies Home Journal  
- New Woman (UK)  
- Bridal Guide Magazine  
- Modern Bride  
- San Francisco Magazine  
- First Woman  
- USA Today  
- San Francisco Chronicle  
- San Francisco Examiner  
- Los Angeles Times  
- Chicago Tribune  
- CNN.com  
- Forbes.com  
- Glamour.com  
- WebMD  
- MSNBC.com  
- msn.co.uk  
- ZD TV  
- London Observer Sunday Magazine  
- The London Guardian  
- New York Times  
- Atlanta Journal-Constitution  
- The San Jose Mercury News  
- The Orange County Register  
- The Baltimore Sun  
- The Portland Oregonian  
- Denver Rocky Mountain News  
- The Associated Press  
- King Features  
- Gannet News Service  
- Knight Ridder Newspapers  
- Newhouse News Service  
- Hearst Newspapers  

**CLIENTS**  
(Partial List)  
- Commonwealth Club of California  
- Levi Strauss Company  
- Chiron Corporation  
- American Association for Marriage and Family Therapy  
- CalWORKS Partnerships  
- Lakeport Unified School District  
- National Speakers Association (NSA)  
- NSA/Colorado  
- San Francisco Housing Authority  
- The City of Fremont  
- The County of Fresno  
- Woman’s Council of Realtors  
- Workers Compensation Insurance Review Bd  
- National School Boards Association  
- International Association of Administrative Professionals  
- Women Network  
- American Professional Society on the Abuse of Children  
- 12th Annual Children’s Protective Services Conference at Asilomar  
- Advanced Clinical Training Workshops  
- Expanding Your Expertise Workshop Series  
- We Care Treatment Center for Developmentally Delayed Children  
- Highland Hospital  
- Alta Bates Hospital  
- University of California, Berkeley  
- International Diploma Program University of California, Davis  
- University of California, San Francisco  
- Faculty Training Program  
- California State University, S.F  
- California State University, Hayward Center for Psychological Studies  
- John F. Kennedy University  
- California Graduate School of Family Psychology  
- Discover U, Seattle  
- The Learning Exchange, Sacramento  
- The Learning Annex, San Francisco, San Diego, Los Angeles